



Port Moody Times

Thursday
December 7, 2023
Day 2

LOST & FOUND: There are tables set up with all the Lost & Found items by the front entrance near the MPR. Please take a look during lunch or after school if you have lost anything this school year. Any unclaimed belongings will be donated.

The following items are in the office. Please come by during lunch or after school to claim:

- Ear Buds with case
- Ear Buds CASE only
- Computer Mouse
- Debit Card

Support UNICEF's Survival Gifts

The PMSS UNICEF Club will be raising money in front of the Nest (MPR) this week to send three girls to school in Somalia and Uganda through UNICEF's survival gift initiative. Our fundraising goal is \$120, which will support UNICEF in providing educational materials and accessibility to an educational environment to these three girls. In Uganda, 40% of girls are married before the age of 18 and in Somalia, that number is 36%. Girls in lower-income countries face immense cultural, social, and physical barriers which restrict their ability to go to school. Come on by to donate as well as to play a trivia awareness game about the rights of girls.

GET YOUR CANDYGRAMS!

Do you have someone you cherish and want to shower with adoration? Do you want to show your appreciation for a special someone? MAKE SURE YOU GET A CANDY GRAM FROM STUDENTS FOR HIGH IMPACT CHARITY from a QR code on the posters posted around the school! All proceeds go to world food program to fight food insecurity! For only \$1, you can make someone's day!

School Plans for January 22-26

While school will look different the week of January 22-26, students are still expected to come to school for specific events. More detailed information will be shared at the beginning of January, but students and families should be aware that school is open during that week.

Some of the events include (but are not limited to):

- Supplemental and Enrichment instruction for students
- Graduation Assessments for all Gr. 10 (Lit 10 and Num 10) and Gr. 12 (Lit 12) students. These assessments are required for graduation. IB Gr. 12 students already wrote their assessments in November.
- Classes will be running for Gr. 11 and 12 IB HL students.
- YDI survey for Gr. 11 students
- Presentations for PHE for Gr. 9 students
- Gr. 12 IB Math Exam

YEARBOOK

- ❖ Hello PMSS! The Yearbook Team is currently working on pages for clubs and are looking for club photos. If your club has photos you would like to be displayed in the yearbook, please send the name of your club as well as your photos to 088-jyang3@sd43.bc.ca. If you would like a photographer to come photograph your club or have any inquiries, please direct them to the same email. Please have your photos in **JPEG format**.
- ❖ Please note, last day to order a yearbook will be **December 15th**, yearbook will order a few extras for those wanting to purchase a book in June, but they usually sell out within the first 10 minutes in June. If interested, please place your order in soon.

VANCOUVER SUN RUN


Whether it's to become more fit, try something new and push yourself, or make new friends and fun memories YOU should join our school's Vancouver Sun Run team, the "Blues Run Club"! The Vancouver Sun Run, Canada's largest running event, is an annual 10k held in our beautiful city this year on April 21st. Last year, we assembled Blues Run Club with 40+ runners. Bring your friends/family along with you too! Runners of all levels are welcome.


We will contact you after you fill out this form: <https://forms.office.com/r/PiSsi1ZKN5>

Direct any questions to:

088-vfan@sd43.bc.ca or 088-kli2@sd43.bc.ca

December Events – Brought to you by Student Council

|  PMSS STUDENT COUNCIL DECEMBER EVENTS SCHEDULE | | | | |
|---|--|--|--|---|
| Monday 11 | Tuesday 12 | Wednesday 13 | Thursday 14 | Friday 15 |
| | CLASS ROYALE DAY 1 - Decorate a letter to create a holiday letter | | CLASS ROYALE DAY 2 - Class Holiday Rap contest | |
| Monday 18 | Tuesday 19 | Wednesday 20 | Thursday 21 | Friday 22 |
| SPIRIT WEEK DAY 1 Monochrome Monday, (Dress in one color) CLASS ROYALE DAY 3 Wrap an item into something not even remotely close | SPIRIT WEEK DAY 2 Dress as childhood future career Movie Night 3:30-6:00pm, Drama Room | SPIRIT WEEK DAY 3 Rhyme without reason CLASS ROYALE DAY 4 Gingerbread cookie decorating contest | SPIRIT WEEK DAY 4 Jersey Day | SPIRIT WEEK DAY 5 Pajama Day CLASS ROYALE DAY 5 Guess the Christmas song over the PA Breakfast with Santa 8:15-8:45am, Free Food and Hot Chocolate, Photo Booth, Performances, MPR |

@PMSS.STUCO 

Detailed information about what is happening in December:

Fundraising

- This year we are raising funds to donate the SHARE. Every block 2 class will receive an envelope.
- Our school goal is \$3000. Please donate what you can over the two weeks (starting Dec 11.)

Competitive Class Activities aka Class Royale

- Sign-up to participate in the competitive class activities happening every during block 2 every other day (on day 1's for linear courses)
- Each day at the beginning of block 2, a volunteer will deliver any materials and instructions.
- Class with the highest point total wins (competitive class activities + fundraiser + spirit week) will earn the Community Cup Trophy and have a pizza party after winter break.

Spirit Week

1. Monday, Dec 18 - Monochrome Monday
 - i. Make a head-to-toe outfit with only one color! Varying tones of one color are acceptable.
2. Tuesday, Dec 19 - Childhood Future Careers
 - i. When you were a child, what was your answer to the question "What do you want to be when you grow up?" Maybe a unicorn? Or Batman? Or the world's best doctor? Think about your young self and what you dreamed of being in the future!
3. Wednesday, Dec 20 - Rhyme Without Reason
 - i. Find a friend (or more) and dress up as two (or more) random and unrelated words that rhyme. Be creative and have fun with it!
 - ii. Examples:
 - Dad & Chad
 - Fairy & Hairy & Harry (Potter)
 - Post Malone & Cone
 - Shrek & Star Trek
 - Money & Honey
4. Thursday, Dec 21 - Jersey Day
 - i. Wear your favorite jersey to school with style!
5. Friday, Dec 22 - Pajama Day
 - i. Cozy up by wearing your comfiest pyjamas and/or ugly sweaters to school!

Other Student Council Events

- Tuesday, Dec 19, 3:30 pm – Movie Night in the drama room with concession.
 - Sign up here (capped to 100 students):
<https://forms.office.com/pages/responsepage.aspx?id=74xl2ZICUkKZJWRC3iSkS-gjNBiiHVtOt9OzfdNj0tUNDhMMjMzUzZYOFUwWklUVIFKuk0Q1c1NS4u&origin=QRCode&qrcodeorigin=presentation>
- Friday, Dec 22, 8:15 am – 8:45 am – Breakfast With Santa, free food and drinks provided
 - First come first served in the MPR

REMINDERS WHEN USING THE BUS

As Translink is back to regular levels of service, please keep the following in mind when you are taking public transit:

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

ONGOING

PARENT FORMS & STUDENT FEES: School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

PMSS TIMES: The PMSS Times newsletter will be emailed to parents and students on Tuesdays and Thursdays. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Room: 3066. Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions please feel free to email Ms. Rose at 088-careerfacilitator@sd43.bc.ca or call 604-939-6656 ext. 3066. If you would like to book an appointment please visit, [Jovita Rose - Post-Secondary & Career Advisor \(office365.com\)](http://Jovita Rose - Post-Secondary & Career Advisor (office365.com)). Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail 088-careerfacilitator@sd43.bc.ca

For Grade 12, [PMSS Big Picture book 2023 2024.pdf](#) Focus on the BIG PICTURE for the Graduates of 2024 – a guide for your Grade 12 Year – Overview of the Year Ahead.

For Grade 12 - PowerPoint slides copy from September 25th Grade 12 presentation. [Post-Secondary Application 101.pptx](#)

For Grade 12 - PowerPoint slides copy from October 11, 2023 Grade 12 presentation. [Grade 12 Scholarship Presentation .pptx](#)

For Grade 12 - PowerPoint slides copy from November 20, 2023 presentation - [2023 STS Presentation.pdf](#)

Virtual / In-person Information Sessions, Presentations & University / College Fairs

Post-Secondary Info Session Scheduled Visit , [2023-2024 Post-Secondary Info Session Schedule.docx](#)

UBC info sessions in the lower mainland are virtual this year. However, every week, there are two live info sessions on Zoom that have 30 min at least of Q&A at the end. They also have 1 Application Workshop live on zoom per week where you can learn more about the Personal Profile and how to apply. Registration for UBC online sessions, including Application Workshops and live virtual info sessions is available on our [Tours and Events page](#) (under Information Sessions). They also have a recorded All About UBC presentation available [here](#). Students can email recruitment.ok@ubc.ca with any questions

General Learning Opportunities

22+ TRADES TRAINING PROGRAMS, Visit "[TRAIN in Trades](#)" Programs - School District No. 43 (Coquitlam) (sd43.bc.ca)
Contact: Ben King Career & "TRAIN in Trades" Coordinator 778-984-1354 bking@sd43.bc.ca

For those students who are interested in taking **Occupational First Aid (OFA L1)**. Students can get discount rate of \$84 (\$80 + tax) instead of \$100+. The students can register:
[https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/="](https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=)

***NEW* Technovation GirlsBC – Free Programs.** Technovation GirlsBC is a non-profit technology entrepreneurship competition where young women and girls* aged 8-18 work in teams to develop a mobile app or AI project that tackles real-world problems in the community. Work with volunteer mentors, complete weekly curriculum, and attend workshops & much more! See further details on their programming and events [here](#) or see [Technovation GrlsBC 2024 Events Flyer.pdf](#).

BCIT Biotechnology Career Awareness Workshop. NOW ACCEPTING APPLICATIONS for the BCIT Career Awareness Workshop. **Workshop A: Winter Term - December 11 – 15, 2023.** The program is directed at Grade 10, 11 and 12 students with a strong interest in science who want to learn more about applying biology to real-world problems such as human disease. It is built on a partnership between BCIT, local biotechnology companies and participating school districts. They will be accepting 24 students with priority given to Grade 12 students first and then Grade 11 and 10 students based on date order they apply and district allotment. To apply and for more information, [BCIT 2023 Biotechnology Career Awareness Workshop Program](#).


University of Alberta are now accepting applications for **20 lucky grade 11 students** from across Canada to spend a weekend away at the U of A. Their adventure will include transportation reimbursement*, accommodations, meals and a jam-packed schedule of events. They will stay in residence, visit state-of-the-art facilities, uncover hidden gems on campus and experience U of A student life first-hand. We'll also take them around our city, including our breathtaking river valley and iconic West Edmonton Mall. **When:** May 24 - 26, 2024. Students can learn more and apply at uab.ca/getaway. The application deadline is **January 31, 2024**.

BC Children's Hospital - Women in Science, join them as they celebrate the upcoming International Day of Women and Girls in Science on **Thursday, February 8, 2024**. Become part of the conversation by following [#WomenInScience](#) on Instagram! Their Women in Science evening strives to empower the community and promote an equitable and inclusive learning environment. They interpret "women" in the broadest sense and respect all ways in which people choose to self-identify including female-identified, agender, non-binary and women across the LGBTQIA2S+ spectrum. People of all genders are welcome to participate. To learn more visit, [Women in Science | BC Children's Hospital Research Institute \(bcchr.ca\)](#)

Society of Canadian Women in Science and Technology (SCWIST). SCWIST is an advocate for Equity, Diversity and Inclusion (EDI) in schools, universities, businesses and Canadian society, and supports efforts to promote equality for all, especially within science, technology, engineering and math (STEM). Applications for their [eMentoring program](#) are now **open**. eMentoring runs three times a year. The program is available for any students who identify as female or women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning. Sign up for eMentoring and they can put you in touch with a professional woman who is closely matched to your own interests or understands your situation. To apply, [eMentoring Application - SCWIST](#)

Shad offers a digital program, [ShadAnywhere](#), that is accessible to youth across Canada (and internationally!). In partnership with Athabasca University, students get access to university content, mentors, digital field trips, Indigenous knowledge sharing and community building events. ShadAnywhere participants have the opportunity to complete the [Elevate your Personal Brand MOOC](#) and the Introduction course of the [AI Ethics Micro-credential Certificate](#) through Athabasca University. Both of these courses are asynchronous, giving students the opportunity to complete at their own pace. Students will have 90 days, beginning at the program start, to complete these courses and earn university credit.

Volunteer/Employment Opportunities

Vancouver International Children's Festival wish to invite students to volunteer for the **Children's Festival**, thereby gaining valuable skills and experience while fulfilling work Experience curriculum requirements. Students interested in Hospitality, Tourism, Event Management, Arts, Performance, or Childhood Education are particularly encouraged to apply, but there are positions at every level. Volunteers can sign up now on their website for a minimum two-shift (14 hr) commitment. They are also especially interested in onboarding a few **Key Volunteers** right away, who can begin working within the school to recruit and screen more volunteers. KVs generally work around 20 hrs in advance of the Festival, and then transition into Crew Captain roles onsite during the Festival. Serving as a KV and/or Crew Captain provides very strong leadership and communications experience, plus being creative and fun. Any Volunteer who completes over 30 hrs of service will receive a personal reference letter from the Festival. To apply and for more information visit, [Vancouver International Children's Festival | Children's Festival \(childrensfestival.ca\)](#) or see  [KV recruit poster 2024.pdf](#).

PICS Youth Service Corps - PICS is a registered non-profit organization. They have 2 free volunteer programs for youth aged 15-19 and are currently recruiting participants. The programs are funded by the Canadian government. It's free for participants, and comes with perks including certificates of completion, a letter of reference, a subscription to Coursera, travel expenses, and more. With our programs, students can accumulate a minimum of 120 volunteer hours. See flyer for more details, [Youth Service Corps Programs flyer](#).

MusicXConnect – Join a music-based non-profit: Hi PMSS! We are MusicXConnect, a youth-led registered non-profit in Canada focused on sharing music with the community and bringing music resources to youth. We are looking for students that are passionate about music and working with the local community. Currently we are looking for:

- New music groups (string ensembles, jazz groups, rock bands, etc.)
- Video-editors for an online music database project

If you are interested as a music ensemble please visit: <https://musicxconnect.org/join-us/>.

If you are interested as a video editor, please fill out this form: <https://forms.gle/Puye9W2LcXz3UJKT8>.

Legion British Columbia/Yukon Command is looking for volunteers to help with their service. Their service include: organizing and helping at events, cooking meals, fundraising for the poppy campaign, managing branch social media pages, designing posters and graphics and much more. Go to [Home - Legion BC/Yukon Command \(legionbc yukon.ca\)](#) to find your local branch.

Port Coquitlam Recreation is excited to be offering a number of volunteer opportunities for people 14+ years of age beginning this Fall, including afterschool programs, skate and swim lessons, art programs, a youth leadership group, and community events. This is a great opportunity for anyone looking to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website

at www.portcoquitlam.ca/volunteer. See flyers for more details, [Fall 2023 Youth Flyer.docx](#)

[Reading Buddies Teen Poster Fall 2023.docx](#)

The **Port Moody Public Library** is looking for teen volunteers for their Book Buddies and Code Buddies programs (in-person and online). You can get experience, leadership skills, and volunteer hours working with kids. Apply to become a teen volunteer at [Teen Volunteer Programs - Port Moody Public Library \(portmoodylibrary.ca\)](http://Teen Volunteer Programs - Port Moody Public Library (portmoodylibrary.ca)).

Seaview Community School and Miller Community School are looking for volunteers to help with their afterschool programs. **Program Details:** The afterschool programs provide students with a variety of games and activities including Arts & Crafts, Lego & Board Games, Outdoor Games (weather permitting), homework help and much more! **Position:** Looking for volunteers to play, to hang out with the kids, play board games, do crafts, help supervise and cleanup. **Location:** Seaview Times: 2:45/3 pm – 5:00 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). Miller Park Times: 2:45 – 4:45 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). If you are interested, please email Ms. Neelofar Nurani at nnurani@sd43.bc.ca

Youth Leadership Millennium (YLM) program hosted by non-profit S.U.C.C.E.S.S., which is one of the largest charitable organizations in British Columbia providing services in settlement, language training, employment, family and youth services, and community development. YLM program provides youth aged 15-30 with opportunities to develop leadership skills, engage with their community, and build confidence. It is a free 8- month long leadership program. YLM offers certificate, 120 service hours, training certificates, reference letters and more. To register and for more information visit, <https://successbc.ca/forms/career-and-youth-services-group-registration-form/>

The People's Pantry Food Recovery Society, a *non-profit food rescue organization* based in the Tri-Cities is looking for volunteers to help in the food sorting and hamper assembly. To apply visit, [Get Help – The People's Pantry Food Recovery Society | Coquitlam \(thepeoplespantry.ca\)](http://Get Help – The People's Pantry Food Recovery Society | Coquitlam (thepeoplespantry.ca)). For any questions contact, vrec.tppfrs@gmail.com.

The **Pedalheads Swim** currently have three different employment opportunities in their Swim department.

- If you have your certificates [Apply to be a Swim Instructor](#) *Please note they require the following pre-requisites: Standard First Aid with CPR - C and a Swim For Life Instructor both of these MUST be valid.
- If you are just missing your Instructor certification [Apply for their FREE Instructor Course!](#) *Please note they require the following pre-requisites: Bronze Cross and Standard First Aid CPR - C both MUST be valid before the start date of the course.
- If you're not yet 15 years old [Apply to be a Junior Volunteer](#) *Please note they require the following pre-requisites: Bronze Medallion and be at least 13 years old!

Scholarship / Awards

[List of Scholarships, Awards, Bursaries .docx](#)

Wondering what scholarships are available for you? Go to, Scholarships Made Simple | ScholarTree and sign up. This website will provide you with a list of scholarships that you may be qualified to apply for.

Western University National Scholarship Program – Western University is looking for high-potential applicants who excel in the classroom and in their extracurricular pursuits. For more information and to apply visit, [Admission - Office of the Registrar - Western University \(uwo.ca\)](http://Admission - Office of the Registrar - Western University (uwo.ca))


2023 – 2024 Schulich Leader Scholarships. The **Schulich Leader Scholarships** are the largest and most prestigious entrance scholarships awarded to high school graduates enrolling in Science, Technology, Engineering or Mathematics (**STEM**) program at 20 Canadian partner universities. Each year, 100 scholarships are awarded – 50 for engineering students valued at **\$120,000 per** scholarship and 50 for science, technology or math students valued at **\$100,000 per** scholarship. **NOTE:** To be awarded a Schulich Scholarship in your discipline, students must be **nominated** from their high school, and they must have applied to at least one of the 20 partnered institutions. See attached application for more information, [2023-2024 Schulich Application.pdf](#) **Deadline is December 8th at 3pm**

Burger King Scholars Program - Created in memory of Burger King Co-Founder James "Jim" W. McLamore, the Burger King Scholars program provides scholarships ranging from \$1,000 to \$50,000 to high school students and BK employees and their families. Scholarships are intended to offset the cost of attending college or post-secondary vocational/technical school. Recipients are selected through an application process that takes into consideration their grade point average (GPA), work experience, extracurricular activities, and community service. For more details and eligibility requirements visit, [Burger King Scholars \(burgerkingfoundation.org\)](http://Burger King Scholars (burgerkingfoundation.org)). **Scholarship Value:** \$50,000. **Awards Available:** 4000. **Award Deadline:** December 15, 2023

January Marie Lapuz Youth Leadership Award - This annual award is given to exceptional youth 16 to 30 who have shown commitment and leadership within the 2SLGBTQ+ community. The winner receives a cash prize of \$1,000, First Runner Up receives \$600, Second Runner Up receives \$400. Honorable mentions receive \$200 and Emerging Leaders receive \$200. Deadline to apply is **December 31, 2023**. To apply and for more information visit, [Youth Award – My Name Was January \(januaryfilm.com\)](http://Youth Award – My Name Was January (januaryfilm.com))

Beedie Luminaries - The **Beedie Luminaries Scholarship** is for students with potential **who are facing financial adversity**. Students who are smart but constrained by circumstance. Students who are resilient and gritty. Students who are ready to make a positive change in their lives. They are looking for **Grade 12 students in B.C.** to

apply for one of 100+ scholarships available in 2024. Recipients will **each receive up to \$44,000** towards their post-secondary studies at any public university, college, or trade school in B.C. Attend their virtual open house sessions on [Nov 15, 4pm-5pm](#) or [Nov 30, 4pm-5pm](#). **Deadline to apply:** January 8, 2024 (9AM PST).

The **B.C. Excellence scholarship** is awarded to 55 high school graduates who have demonstrated service and leadership, both at school and in their communities, and who show aptitude for and commitment to their chosen career or area of post-secondary study. Students selected for this award receive a \$5,000 scholarship voucher from the Ministry of Education and Child Care that they can use to be reimbursed for tuition paid after they are attending a post-secondary institution that is [designated by the Province of B.C.](#) (i.e., approved for Canada Student Loans) or a program provider that is [approved by SkilledTradesBC](#). **PMSS will nominate one student.** To be considered for nomination, submit  [2024 BC Excellence Scholarship PMSS Nomination Application.pdf](#) to Ms. Campbell at cicampbell@sd43.bc.ca and Ms. Rose at jorose@sd43.bc.ca by Friday, Jan. 12, 2024, at 3pm.

The Lester B. Pearson International Scholarships at the University of Toronto provide an unparalleled opportunity for outstanding international students to study at one of the world's best universities in one of the world's most multicultural cities. Pearson Scholars will receive full funding for four years of tuition, books and living costs, and gain a global perspective on issues that matter most to them. The student who are nominated for the Pearson Scholarship are students who have demonstrated exceptional academic achievement and creativity, who are accepted as leaders within their school, and who have the potential to contribute to the global community in the future. The deadline for submission of nomination is November 30, 2023. **The deadline to apply is January 15, 2024.** [The Lester B. Pearson International Scholarships - Future Students. University of Toronto | University of Toronto \(utoronto.ca\)](#)

The Bea Kelly Volunteer Award from Soroptimist International of the Tri Cities - Are you a young woman in grade 12 who volunteers in your community or school? Who sees challenges instead of obstacles? Hope instead of despair? If you are a young woman who believes in the power of volunteer action, then you may be eligible to win a Bea Kelly Volunteer Award. For more details and eligibility requirements visit, [bk-award-application-writeable-2023b.pdf \(soroptimisttricity.org\)](#). Apply by January 15th 2024

Beedie Luminaries, the Refugee & Immigrant Student Education (RISE) Awards - This award supports young refugees and immigrants to pursue post-secondary education as a platform to rebuild their lives in Canada. Recipients will each receive up to **\$44,000** towards their post-secondary studies at any public university, college, or trade school in British Columbia. To apply and for more information visit, [Rise details | Transform Your Future | Beedie Luminaries](#). **Deadline January 31st at 9AM (PST).**

The Kinsmen Club of Coquitlam is pleased to promote a fantastic funding opportunity for volunteer-minded post-secondary students in our community - \$1000 bursaries through the Kin Canada Bursaries Program! All students attending a recognized university, college, trade school, or technical institute in the 2024-2025 academic year are encouraged to apply. **Kin Canada Bursaries** are awarded to students based on demonstrated financial need, volunteerism, and knowledge of Kin Canada and the Kinsmen Club of Coquitlam. For more information or to apply, please see [Apply - Kin Canada](#). **Applications are due by February 1, 2024** at 11:59 p.m. Pacific Time.

CMOLIK FOUNDATION SUPPORTING SCHOLARS Every year, they award up to 20 scholarships, each one a maximum of \$45,000 paid over five years of study, to students graduating from BC high schools. Scholarship recipients have faced adversity but have responded with positivity and tenacity, achieving academic and social goals. With hard work and support, their post-secondary dreams can become a reality. For more information visit, [The Cmolik Foundation | Undergraduate](#) Applications are due **February 7th** of each year for post-secondary enrolment beginning in September of that year. **All applicants must be endorsed by our school principal.** The principal's nomination letter must be included with the application.

The Leonard Foundation scholarships are awarded to students enrolled or enrolling in an accredited undergraduate degree program in a college or University in Canada. The institutions must be open to all without restriction except for an academic standard. Applicants must be Canadian citizens or landed immigrants. **A true financial need must be demonstrated.** For more information and to apply visit, [Eligibility - leonardfoundationdemo.online \(leonardfnd.org\)](#). Scholarship Value approximately 100 @ \$1,000 - \$1,500. **Deadline to apply is March 31, 2024.**

Legion British Columbia/Yukon Command offers bursaries to students in need of financial assistance. Visit, [Find a Legion Branch - Legion BC/Yukon Command \(legionbc yukon.ca\)](#) to see if you are eligible for their bursary.

PARENTS

PMSS 2023-2024 SCHOOL CALENDAR: Please click [HERE](#) for the 2023-2024 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

We would like to welcome and thank the following parents for joining the PAC for the upcoming 2023/2024 school year. Congrats to:

Alicia Purvis: PAC Chair
Grace Liang: Vice Chair
Miwa Aoki : Secretary
Fanny Feng: Treasurer

Sonja Burdett: DPAC Rep
AfterGrad Chair: OPEN
AfterGrad Secretary: OPEN
AfterGrad Treasurer: OPEN

Kinsight

Parent Information Sessions



Creating Effective Partnerships - November 7th

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

Planning for the Future - November 16th

School District 43 invites parents and caregivers of high school students with developmental delays, disabilities, and diverse learning needs to an information session intended to help families think about, and plan for the transition from high school to adult life. This presentation will include a panel of guest speakers representing school district 43 programs, inclusive post-secondary institutes, employment supports, government agencies, and community supports. Entering adulthood is an important milestone, therefore taking action early will help create a smooth and successful transition plan for the future.

Transition into Kindergarten - January 11th

The Learning Services Zone Coordinators and other school personnel from School District # 43 invite parents and caregivers of children with developmental delays, disabilities, and diverse learning needs to an information session to discuss what to expect when your child enters kindergarten. We will also discuss how you can be involved to help make the transition successful for your child as they embark on their educational journey.

Stepping Up to Secondary School - February 6th

School District 43 invites parents and caregivers of middle school students with developmental delays, disabilities, and diverse learning needs to an information session focusing on how Secondary School can provide meaningful educational opportunities that support the student's development, maturity and progress towards future goals. A successful transition to Secondary School means that students have access to classes and school experiences that prepare them for what comes after high school - post-secondary education, employment, and full participation in all aspects of community life.

Time to Talk About Middle School - March 5th

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

When: 7:00pm - 9:00pm (doors open at 6:30pm)

**Location: Education Learning Center - Room B103/B104
1080 Winslow Avenue, Coquitlam**

Questions? Please contact Colleen Lambert at colambert@sd43.bc.ca

Please note, registration is required. Click [HERE](#) to register



Tri-City
Minor Ball Hockey
Association

Online Registration

Now Open for Returning & New Players

TCMBHA.com

Follow Us

#TCMBHA



#TriCityBallHockey

Online Registration is Now Open for the 2024 Season. [Registration Link](#)

TCMBHA Contest: \$50 off your Registration Fee, how to participate:

1. Like & Subscribe to our Social Media accounts - [YouTube](#), [Facebook](#), [Instagram](#) & [Twitter](#)
2. Like our Registration Post & Tag a Friend (extra entries for additional tags)
3. Share our Registration Post, Tag Us & don't forget to use #TCMBHA & #TriCityBallHockey



Free Winter Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting February 2024 on Monday, Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health
generationhealth@bc.ymca.ca



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